

## BASED ON ETHNO-PEDAGOGICAL TECHNOLOGIES OPPORTUNITIES FOR MAINTAINING A HEALTHY SPIRITUAL ENVIRONMENT IN THE FAMILY

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**Abstract:** This article scientifically and theoretically analyzes the possibility of stabilizing a healthy spiritual environment in the family based on ethnopedagogical technologies. The article also presents ideas based on the practical experience of the researcher about the possibilities, criteria and methods of education for stabilizing a healthy spiritual environment in the family.

**Keywords:** family, spiritual education, national education, spiritual heritage, cultural wealth, ancient historical monuments, ethno-pedagogical technologies, social environment, interpersonal relations, example, example, behavior, mental abilities, heritage created by our ancestors, pedagogical competence-knowledge, skill, qualification.

### Introduction

Institutes of Family Research (Germany), Family Research Center of Cambridge University (Great Britain), University of Leeds (Great Britain) in order to improve the innovative technologies of organization of continuous spiritual education in families based on the spiritual heritage, cultural treasures, ancient historical monuments of the world's children. The Institute for the Study of Family and Child Social Issues at the University of London (Great Britain), European networks of the Institute for the Study of Family Issues (Reseau Europeen des Institutes de la Famille (REDIF); special attention is paid to the development of scientifically based concepts. The results obtained are based on the competence approach in the family. It is important to develop the content of educational organization, pedagogical conditions, in this regard, it is important to increase the effectiveness of cooperation between family and educational institutions.

We know that the family is a small homeland with its own politics, economy, social and moral laws. It is inhabited by family members of different ages who create and follow these rules. Just like a society, it has its own leader, as well as members who do what he says and listen to his instructions. For a person, the family in which he was born and lives is a small homeland. Love, loyalty, respect for one's home, territory, parents, family members, relatives, descendants, customs, traditions, protect them carefully, protect them from any danger, and not tarnish their honor. It is a prelude to national education organized in the family. Therefore, the improvement of the factors and criteria of the organization of national education is of great pedagogical value.

Based on our experience and observations, we can say that parents face more problems in ensuring educational commitment. That is, he has a lot of money, but he has few answers to the questions of how to raise a child. It is noticed that they lack pedagogical competence-knowledge, skills, qualifications, desire. [3;]

So today, parents should think more about the possibilities of stabilizing a healthy spiritual environment in the family, the criteria and methods of education. Family (parents), school

(pedagogue), neighborhood (neighbors, lights, neighborhood activists), social environment (peers, surrounding people) will keep their position as the basis of perfect child education in modernized Uzbekistan. We know that a criterion is something that allows us to establish guidelines or principles that can distinguish one thing from another (the human faculty of reason for making decisions and judgments. In this sense, the criterion of spiritual education is what is considered right or morally correct in society according to the values and principles instilled as a person would be something that defines possible norms.[3;]

Based on this, it is possible to stabilize a healthy spiritual environment in the family based on the following criteria:

- through certain systematic, continuous educational, programmatic influence;
- self-education, improvement in the form of an ideal, example;
- analysis of interpersonal relations in the social environment, acquisition of behavior and thinking skills with the help of learning tools;
- such as mastering new qualities by mastering artistic, philosophical, artistic works created by our ancestors.

Sh.Yu. Shakirova wrote in her internet article, "If the family is strong, peaceful and honest, the society will be strong and prosperous. The spiritual and moral image of the family has been established and improved over the centuries on the basis of the knowledge and experience of our ancestors, cultural values, as well as on the basis of the achievements of our contemporaries" [11;]. Today, every parent should be a pedagogue, thoroughly master the methods of education, because an investment in a child's education is the best reliable investment [3;].

Based on the above thoughts, we can say that the more diverse human activities are, the richer their social relations are, the richer and more complex the upbringing in the family is. Man and education are an inseparable phenomenon. After all, education plays a key role in making a biological person a human being. Its result is the basis for the creation of both material and spiritual wealth, that is, it is primarily a social phenomenon. [7;].

Therefore, the process of stabilizing a healthy spiritual environment in the family is also a social phenomenon. The effective passage of this process and the guarantee of the final result are carried out on the basis of education and upbringing, specific pedagogical conditions, educational criteria, factors, content and methods.

According to the analysis of pedagogical literature, the most effective method in child education is the method of teaching and example. The essence of this method is clearly visible in the following pedagogical wisdom said by the President: "On the basis of national education, it is necessary to teach our children patriotism, honesty, loyalty..." [9;].

Therefore, it is appropriate to carry out large-scale targeted and targeted preventive measures among the population about the internal threat of neglecting children's education in the family, its tragic consequences for the person, the people, and the nation.

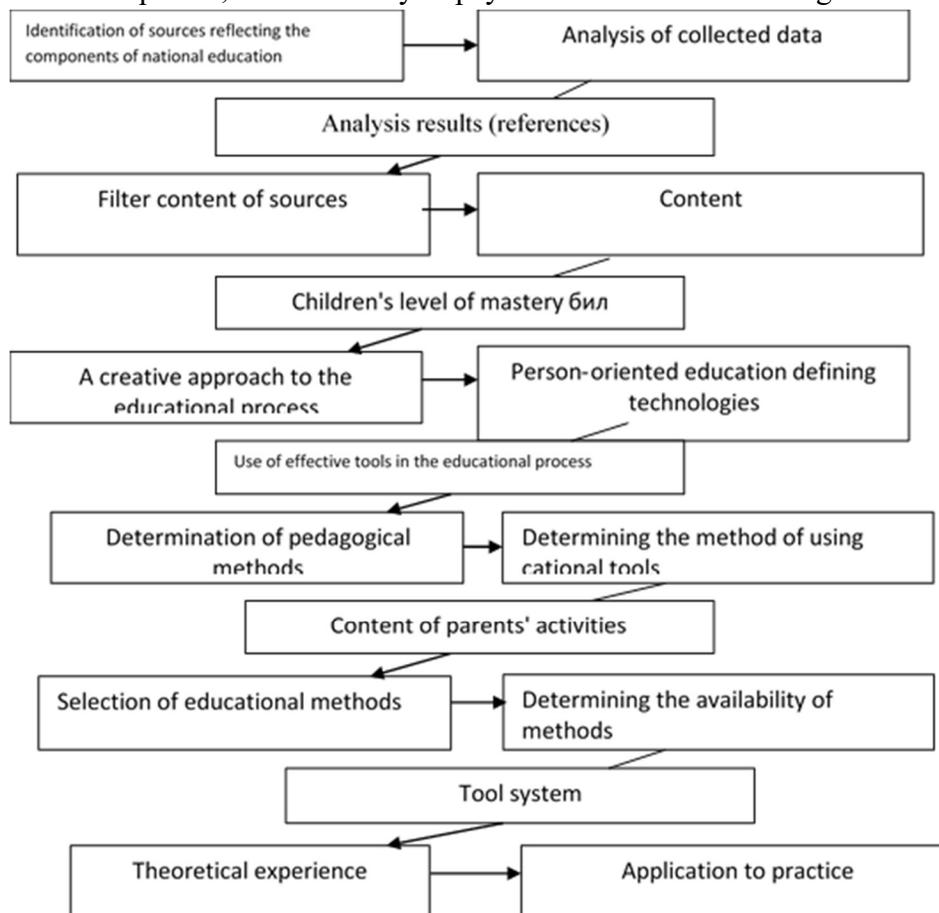
President Shavkat Mirziyoyev's speech "...Another important issue that always worries us is related to the manners, behavior, and in a word, worldview of our youth. Today, times are changing rapidly. Young people are the ones who feel these changes the most. Let the youth be in harmony

with the demands of their time. But at the same time, he should not forget his identity" [1;]- his thoughts create the need to develop effective ways and methods of organizing national education in the family on the basis of ethno-pedagogical technologies.

Indeed, the family tree of our ancestors, the fact that we are the descendants of the nobles, the national customs, traditions, values of the Uzbek family, the teachings of the scholars of the East, which have reached us from the spiritual heritage of the people, serve as an ethno-pedagogical basis for the stabilization of a healthy spiritual environment in the family. It should be recognized separately that today our national values are being restored and all opportunities are being created for thorough acquisition of Islamic and secular knowledge. The fact that the family serves as a school of spiritual treasure in instilling these high spiritual values into the minds of our youth is of great social significance.

Therefore, in order to stabilize a healthy spiritual environment in the family, it is very important for parents to have knowledge and practical skills, as well as to work on the basis of a humanitarian approach to educational activities based on ethno-pedagogical technologies.

In the table below, we have shown that when the training process is planned to be carried out in a certain sequence, it is necessary to pay attention to the following:



## Technology of family education planning

The process of stabilizing a healthy spiritual environment in the family, forming children's spiritual and moral qualities as a complex social phenomenon is inextricably linked with national, religious, historical, moral and legal factors. In this sense, national and religious values are not only the historical-spiritual heritage of our people, but also important factors in the education and formation of a well-rounded person.

With the help of the historical and spiritual heritage of our people, there are great opportunities to stabilize a healthy spiritual environment in the family. Only if our parents can use these opportunities at the level of communicative and creative opportunities in practical, social and life activities. In general, this opinion can be explained for the following objective and subjective reasons:

First of all, the family education process is being organized in a "narrow" framework from a social point of view in terms of its content, essence, direction and level of application [ ]. (Some of our parents themselves are not aware of the examples of the historical and spiritual heritage of our nation. This situation makes it difficult for the family to bring children to the level of spiritual perfection through the examples of our national heritage).

Secondly, in the family, in a limited sense, information on the topics of orientation to the personality structure (informational, operational, emotional-moral, self-developing, heuristic and practical) is conveyed in an ungrounded manner. However, the process of "informational" education, as we know from the science of psychology, serves to ensure the effectiveness of long-term and effective results if the process of perception and memory storage in a person is carried out through visual senses. [7;].

Thirdly, it is a pity that the acceleration of information acquisition in the process of globalization, as well as the issues of analyzing the positive and negative aspects of various news transmitted via the Internet, are left out of the attention of family leaders, and because most families have Wi-Fi installed, our parents themselves are becoming "slaves to the Internet". . However, taking into account the age characteristics of children, the culture of using the Internet and mass media is taught from "simple" to "complex". However, in the process of our scientific analysis, we were convinced that "involving children in literature, art and sports, healthy lifestyle, forming aesthetic taste and professional ethics in them, information analysis culture, love for the motherland and belonging to its destiny, self-sacrifice in them" In a word, there are a number of problems waiting to be solved in terms of inculcating "tradition" and "values" into the minds of children, forming "national relations based on modern relations" at the core of national education.

Based on this, at the initial stage of our research, we studied the issues of functionality, efficiency and originality of sources that serve as an ethno-pedagogical basis for stabilizing a healthy spiritual environment in the family.

In the process of stabilizing a healthy spiritual environment in the family on the basis of ethno-pedagogical technologies, the national traditions, customs, rituals and ceremonies of the Uzbek people have such deep historical roots that they appear at the heart of the spiritual needs of the people, and until they are formed and polished, they are the dreams and thoughts of this people. embodies desires, lifestyle, moral standards. That's why every people, nation, nation should carefully preserve them, develop them, and pass them on to future generations as a spiritual value. Let's mention here the values that are unique to our people: 1. Our national, special holidays: "Navroz", "Mehrjon", "Kovun saili", "Lola saili", etc.;

2. Ancient religious values, such as "Arafah Day", "Eid of Ramadan", "Eid of Sacrifice";

3. Uzbeks are a nation rich in wedding types since ancient times: circumcision wedding, marriage wedding, hair wedding, tooth wedding, cradle wedding, first step wedding, blessing wedding, soldier's wedding, house wedding, muchal wedding, etc.;

4. Our national games: "Kop-kari", "Kimo'zdi", "Flying Varrak", "Five fingers", "White poplar and blue poplar", "Chavgon", etc.

It is worth saying that technological development has a sufficient impact on the development of children's creative thinking. However, in order for children to understand the essence of the national games by heart, a lot of work and dedication is required from parents and representatives of the older generation in the family. Today's child cannot be fooled or convinced by yesterday's "fairy tales".

Kh. Ibraimov in his scientific research shows three important social functions of teaching - tasks related to education, education and personality development. It is reasonable to say that the attention paid to the upbringing of children in the family today, the fact that man-made development has a significant effect on children, the role of national, unique holidays, ancient religious values, the role of national games in the life of a child, the meaning of wedding ceremonies, the knowledge and skills provided in the process of national education in the family - qualification, experience of creative activity, analysis of relationships is a must.

The next source that serves as an ethno-pedagogical basis is the historical works that have come down to us from our generations, in which the rich past of our nation is reflected. For example, in the book "Turkish Gulistan or Morality" by Abdulla Avloni, "..Parents are responsible for the education of their children, and in this they should pay attention to the child's adequate nutrition, clothing, sleep, and the opportunity for him to grow up physically strong." gives special emphasis. "...If the body is not decorated with cleanliness, if it is not kept from bad habits, it is like putting on the top and washing the lining of a coat, and it will get dirty all the time" has not lost its importance to this day. [2;].

Enjoying the joy of the family is reflected in many ways in the manners and behavior we teach our children. In fact, this is the basis and root of education in our society "... raising children is the most responsible and long-lasting duty of parents". [2;].

For this reason, young parents, relying on the experience of adults, should establish a pedagogic system based on the traditions, customs and traditions created by our people, which are our golden heritage. In our opinion, in the process of introducing the rules of national etiquette in the family,

in the neighborhood, in the process of continuous education, in the process of introducing the fairy tales "Yoriltash", "Tahir and Zuhra", "Uch aghayi botirlar", "Ur tokmok", "Zumrad va Kimmat", decency, intelligence, bravery, Analyzing and interpreting the importance of virtues such as courage, friendship, and solidarity encourages them to moral perfection.

To sum up, in stabilizing a healthy spiritual environment in the family, the unique educational methods and tools of the Uzbek family are manifested in a special way. Naturally, in a family where grandparents and parents are spiritually rich, highly moral, religious and cultured, the children growing up in that family are good for the country. The richer the life experience and cultural level of the family members, the more effective the educational process will be. Therefore, what kind of people children will grow up in the future depends on the family and family environment.

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